

# Return-To-Play Guidelines for the 2020-2021 Curling Season at Mississauga Golf and Country Club – Humber Seniors Curling

## Do not enter the building if:

- You or a member of your household is unwell, feeling sick or showing symptoms of illness.
- You have been in contact with any person diagnosed with or suspected to have COVID-19.
- You are waiting for results of a COVID-19 test.

**Wash your hands** often and use an alcohol-based hand sanitizer if soap and water are not available. Enhanced cleaning and sanitizing protocols of our facility will follow provincially required protocols.

**Physical Distancing Requirements** are in effect. Avoid close contact with others and maintain 2-metre physical distancing as much as possible.

**Non-Medical Masks** must always be worn in the Clubhouse. Masks are required in the ice shed and must always be worn in the rink when social distancing is not possible. The person responsible for the house must always wear a mask.

**Directional Arrows** will be used to indicate flow of foot traffic in the Clubhouse.

**No Access to Coatroom.** Personal items are to be left at the table that corresponds with your sheet.

There are many requirements and challenges to navigate in determining a return to play plan. The Government of Ontario has limited indoor occupancy of a recreation facility to a maximum of 50 persons per room, while always subject to maintaining the social distancing requirement of 2 meters and providing separation of groups with no crossover. There can be 48 players on the ice at one time. The Humber Senior League must exit the facility (Mississauga Golf and Country Club) by 11:45 am. There will be no entry to the ice shed until the ice is ready for play. No practice rocks will be delivered before games begin; practice slides will be allowed.

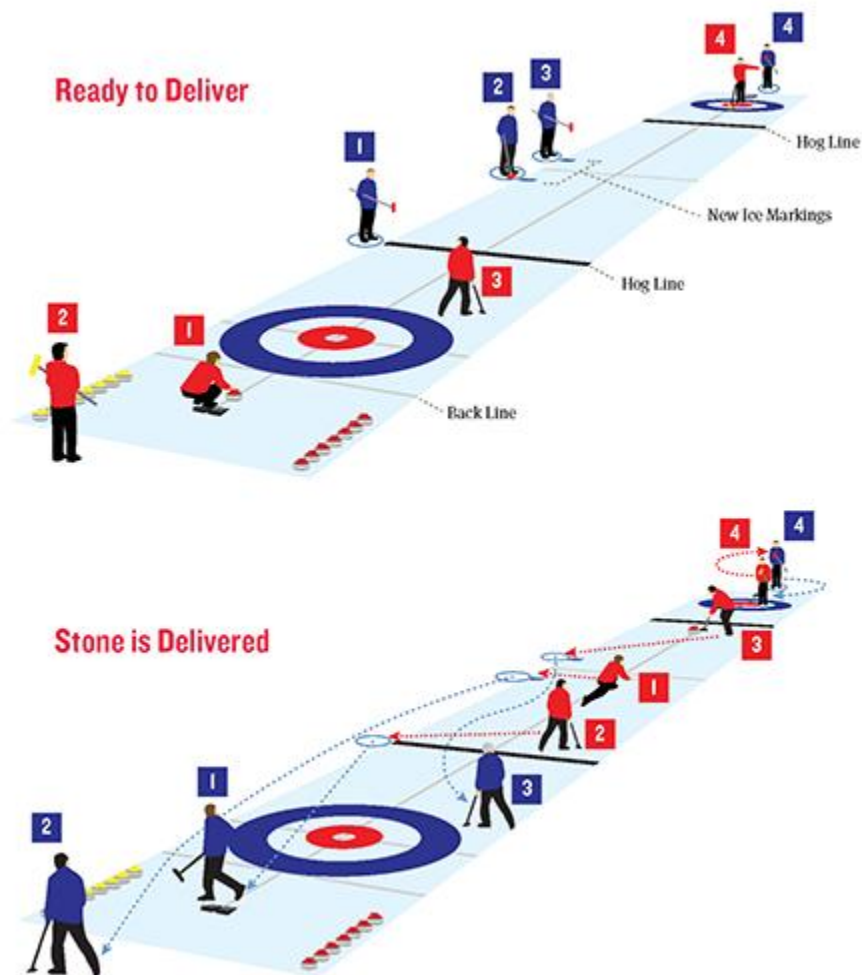
The Humber Seniors will be required to follow safety and distancing procedures on entering the Mississauga Golf and Country Club to minimize congestion and maintain social distancing. The Humber Seniors are required to provide contact tracing information to the MGCC curling staff each time the league plays. No one will be allowed to enter the lounge more than 20 minutes prior to game time. The coat room will be off limits until further notice. You must arrive at the Club “ready to play”. Footwear will be changed at the assigned table for your game in order to limit debris being tracked into the Curling Lounge. Personal belongings will be left at the table assigned to your sheet as well. The only persons who will be allowed in the curling area are the 48 curlers on the ice, and the staff/volunteers. We will not be allowing spectators, including children, in the lounge until further notice.

## What you need to know:

- If there is a suspected/confirmed case of COVID-19 of any person who has entered the facility, MGCC will immediately contact Mississauga Public Health and follow their guidance and procedures.
- Masks will always be required in MGCC. The wearing of masks is required when in the ice shed playing a curling game (unless you are 6 feet away from all other participants)
- Separate entrances/exits and controls on movement will be used to maintain physical distances between Curlers arriving at the Club for a game, Curlers on the ice, and Curlers in the lounge.
- An attendance log of all Humber Senior curlers who enter the facility will be maintained, by the Humber Senior group, for required contact tracing.
- Enhanced cleaning protocols will be implemented in the lounge, washrooms, and ice surface. Hand-pump sanitizers will be available throughout the facility. Extra equipment not necessary for the playing of the curling game or use of the lounge/washrooms will be removed.
- The coat room will be closed and locked until further notice.
- Curlers will need to provide all their own curling equipment. Brushes, stabilizers, and shoes/sliders will not be available.
- The Curling Professional Shop will have an inventory of playing equipment available to purchase. We will be pleased to order custom footwear as needed. Please observe social distancing rules and do not enter the Pro Shop until you are able to maintain a 6-foot distance.
- There will be no bulletin board use.
- Failure to follow the Return to Play Guidelines may result in the cancellation of the agreement between the Humber Seniors and Mississauga Golf and Country Club

## Game Play Regulations

- No handshakes to start or end the game
- Humber Seniors must exit the Mississauga Golf and Country Club by 11:45 am
- In-ice markers will be installed to help curlers maintain physical distancing
- Games on sheets 1, 3 and 5 will begin play at the home end
- Games on sheets 2, 4 and 6 will begin play at the away end
- Players will wait to enter the ice shed around the lounge table that corresponds to the sheet they will play on
- Once on the ice, all non-active players are to stand on the left side of the sheet as you look from the home end.  
Exception: Sheet 6 curlers may stand on the side boards if they wish
- Teams playing on sheets 1,2 and 3 will enter the ice shed through the door at sheet 1 and teams playing on sheets 4, 5 and 6 will enter the ice shed through the door at sheet 6
- The on-ice waiting areas are to remain the same regardless of direction of play
- There will be markers in the ice to show non-active curlers where to stand
- Only one person on the sheet will oversee marking the score on the scoreboard
- Only touch your own rocks, use your feet or broom to move other players rocks
- Only personal drinking containers will be allowed in the ice shed.



The Humber Seniors League is required to collect information of their members who enter the Mississauga Golf and Country Club for contact tracing if a Curler tests positive for COVID-19.

We have thoroughly reviewed the Return to Play Guidelines from Curling Canada and CurlION, we believe our plan focuses on guiding Curlers to avoid and reduce risk. As new Government of Ontario and City of Mississauga legislation is implemented, our policies and procedures may be required to change.

Yours truly,

*Janet Murphy*

**Curling Director  
Mississauga Golf and Country Club**

Updated September 28,2020